

About Freedom

How to describe to someone
who has never had freedom
how it is to feel free
to think free
to act free

Would you dare to ask
why you are not free
you cannot expect an answer
when you know freedom is there
has always been there

Freedom is not an object
you can get grab buy sell give away
however you can exchange freedom
unconditionally
it is called love

If you dare to shed your garments
leave off your habits low self-esteem
fear angst petty worries
hidden repression in surroundings
where you call your home

How can you expect to enjoy swimming
if you are afraid to jump into the water
you need not hurry to be free
of your mind and body
it happens when you die